

Eastern Daily Press

East Anglia's Children's Hospices (EACH)

Ride For Life 2009

EVENT ENTRY FORM

each

ride for life

East Anglia's
Children's Hospices



**Sunday 17th May 2009,
Santon Downham, Thetford Forest**

On and Off road rides from 10 to 35 miles plus
WALKS FOR LIFE of 3 and 9 miles. Sponsorship encouraged

Register early as places are limited! Closing date for postal
& online entries Friday 8th May 2009 visit www.each.org.uk

Co-organised with Cycling Club Breckland

What's next?

Once registered, each participant will be sent a registration pack, which will include your entrant number, sponsor forms, a map and other event information. Trophies will be awarded for the highest sponsorship raised in the following categories – child, adult, family, corporate team & community/school team.

About EACH...



EACH is a registered charity which relies on public support for approximately 75% of its required income of around £5.5million a year.

EACH help local life-threatened children and their families with the emotional and physical challenges they face by providing expert care and a range of other essential support in a home-from-home environment or in the comfort of their own home. Some children may only have a very short time to live, others may reach young adulthood, but EACH's aim is always the same – to enhance their quality of life and support their family.

For more information about Ride For Life or EACH in general, please contact 01223 205180 / 01953 715559 or email funding@each.org.uk

About Ride for Life



A great fun day out for all the family - all rides and walks depart from the village of Santon Downham in the heart of Thetford Forest, easily reached by road - the village is west of Thetford between the A134 and the A1065. The Village Green will be hosting a delicious BBQ, hot & cold refreshments, ice-cream, licensed bar in the Village Hall, stalls & musical entertainment. Plenty of free parking is available at the venue.

Thanks...

Many thanks to all our sponsors, including: Eastern Daily Press, Richard Johnston Ltd, Waveney Foresters, Robinsons Soft Drinks, Judges Choice Pet Foods, Parker Hydraulic & Pneumatics, Womack Building Supplies, and Bowes of Norfolk

Enter now!

Enter by post by completing this entry form and sending it to: EACH, St Michaels Cottage, PO Box 1267, Banham Road, Quidenham, Norwich, NR16 2WP or enter online at

www.each.org.uk

Registered Charity No. 1069284

Need a bike?

Bicycles can be hired for the event but they must be **PRE-BOOKED**. You can collect your bike from Santon Downham provided this is arranged when you book. Just ring: The Cycle Shack Diss on 01379 641212

